

## Items for the Blessing Bags for the Homeless

### **Travel size**

#### **Food and Drink**

Instant oatmeal packets

Tea bags

Energy drinks

Dried fruit

Fruit leathers

Trail Mix

Nuts

Granola bars

Crackers stuffed with  
peanut butter or cheese)

Fast food gift cards

#### **Survival**

First Aid Kit

Water bottle

#### **Toiletries**

Multi purpose wipes

Chapstick

Facial wipes

Lotion

Comb

Toothbrush & toothpaste

Sun screen

Wash clothe & hand towel

Deodorant

Shampoo & conditioner

#### **Treats**

Fruit snacks

Cookie snack packs

Candy (individually wrapped)

Mints

Chewing gum